



## Sweet Potato Blondes Ingredients List

You will need the following ingredients:

- 1 1/2 cup baked and mashed sweet potato (do this before the event!)
- 1/2 cup nut or seed butter
- 2 tbsp maple syrup ((optional))
- 2 tbsp coconut flour
- 1 tsp baking powder
- 1 tsp vanilla extract
- 1 tsp cinnamon
- Pinch of sea salt
- 3-4 tbsp non-dairy milk